

PURPOSE POWER QUESTIONS

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“PURPOSE POWER QUESTIONS”

(A worksheet inspired by and meant to be completed in tandem with the book *Make It Matter* by Scott Mautz)

TO UNLOCK YOUR PURPOSE IS TO OPEN YOUR MIND TO A DIFFERENT SET OF QUESTIONS.

Here are a set of powerful questions intended to help uncover your purpose. Each question requires reflection and soul searching and delves into a range of sources for inspiration:

- Some questions enable scrutiny of your core essence, getting at the undeniable truths about the blueprint of you that might hint at a purpose you could naturally embrace.
- Other questions help you delve into your past, seeking to heighten self-awareness of the times, places, and root causes of happiness throughout your life – all potential clues to what your purpose might be.
- Still other questions help you probe what greater good you are drawn to serving, a potentially direct source for your purpose.
- Finally, some questions force you to consider your aura – the unspoken gestalt others see in you. Seeing the truth behind what others see in you can grant a vision of what your purpose might be as well.

1) What are your superpowers?



2) What are your values and beliefs?

3) What would you do for free?

4) What part of you is not showing up at work?

5) What have been your happiest moments?

6) What have you learned from career misfires – and triumphs?

7) What deed needs doing?



8) Who would you serve?

9) What would coworkers miss if you weren't there?

10) What would people say you were meant to do?

