



PURPOSE POWER QUESTIONS

(A worksheet inspired by and meant to be completed in tandem with the book *Make It Matter* by Scott Mautz)

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To unlock your purpose is to open your mind to a different set of questions. Here are a set of powerful questions intended to help uncover your purpose. Each question requires reflection and soul searching and delves into a range of sources for inspiration:

- Some questions enable scrutiny of your core essence, getting at the undeniable truths about the blueprint of you that might hint at a purpose you could naturally embrace.
- Other questions help you delve into your past, seeking to heighten self-awareness of the times, places, and root causes of happiness throughout your life – all potential clues to what your purpose might be.
- Still other questions help you probe what greater good you are drawn to serving, a potentially direct source for your purpose.
- Finally, some questions force you to consider your aura – the unspoken gestalt others see in you. Seeing the truth behind what others see in you can grant a vision of what your purpose might be as well.

1) What are your superpowers?

2) What are your values and beliefs?

3) What would you do for free?



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4) What part of you is not showing up at work?

5) What have been your happiest moments?

6) What have you learned from career misfires – and triumphs?

7) What deed needs doing?

8) Who would you serve?



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9) What would coworkers miss if you weren't there?

10) What would people say you were meant to do?



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